

GSRD READING LIST



Handbook of academic reading related to Gender, Sex & Relationship Diversities (GSRD) Therapy. Also entertainment content such as movies, TV and web series related to the topic (Cinematherapy) and finally non-academic reading regarding GSRD and queer topics (Bibliotherapy and self-enlightment)

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Essential Reading in Gender, Sexual & Relationship Diversity (GSRD) Therapy

A

Abelove, H., Barale, M.A., Halperin, D.M. (1993) *The Lesbian and Gay Studies Reader*. Routledge

Addington, D. (1999) *A Hand in the Bush: The Fine Art of Vaginal Fisting*. Greenery Press

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Adrienne J. (2019) *Transgender 101: a Guide to Coping with Gender Dysphoria*. Adrienne J.

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Anderson, E., Travers, A. (2017) *Transgender Athletes in Competitive Sport*. New York: Routledge

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Barker, M.J. (2017) Gender, Sexual and Relationship Diversity Good Practice Guide free download from: <https://www.bacp.co.uk/media/2334/bacp-gender-sexualrelationship-diversity-gpacp001.pdf>
Lutterworth: BACP

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Barker, M.J & Scheele, J (2016) Queer: a graphic history. London: Icon Books

Barker, M.J., Scheele, J. (2021) Sexuality: a graphic guide. London: Icon Books

Barnes, E., Carlisle, A. (?) How to transform your school into an LGBT+ Friendly place: A practical guide for Nursery, Primary and Secondary Teachers. London: Jessica Kingsley Publishers.

Barrett, J. (2007) Transsexual and Other Disorders of Gender Identity: a practical guide to management. Oxford: Radcliffe Publishing.

Bauer, R. (2014) Queer BDSM Intimacies: Critical Consent and pushing boundaries. Germany: Palgrave Macmillan

Bean, J.L. (1997) Leathersex: A Guide for the Curious Outsider and the Serious Player. Daedalus Publishing

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Benson, P. J. (2008) *The Polyamory Handbook: A User's Guide*. Author House.

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Brunskell-Evans, H., Moore, M. (2018) *Transgender Children and Young People: Born in Your Own Body 2nd Edition.* Cambridge Scholars Publishing

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K

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Cinematherapy - Movies

Check these out on <http://www.imdb.com>

120 Battements par minute
20 Centimetres
A Bit of Lippy
Adam
After Stonewall
Alex Strangelove
Alice Júnior (Brazil)
All About My Mother (Spain)
Angels in America
Another Country
Another Gay Movie
Artificial Paradises (Brazil)
A secret love
A Single Man
Bad Education (Spain)
Beach Rats
Beautiful Thing
Before Night falls (Mexico)
Before Stonewall
Beginners
Bent
Better by Chocolate
Better Than Chocolate
Big Eden
Billy's Hollywood Screen Kiss
Blue is the Warmest Colour
Body Electric (Brazil)
Booksmart
Born in Flames
Bound
Boy Culture
Boy Erased
Boyfriends
Boys Don't Cry
Boys on the Side
Breakfast on Pluto
Break My Fall
Brideshead Revisited
Brother to brother
Brokeback Mountain
Broken Hearts Club
Burnt Money (Argentina)
But I'm a Cheerleader
By Hook or by Crook
C.R.A.Z.Y
Call me by your name
Can you forgive me?
Carol
Circus of Books
Closet Monster
Cloudburst
Cockles and Muscles
Colette (French)
Commes les Autres
Concussion
Cousins (Brazil)
Dallas Buyers Club
Dear Ex (Taiwan)
Desert Hearts
Disclosure
Disobedience
Divine Trash
Drifting Flowers
Dry Wind (Brazil)
Duck Butter
Edge of Seventeen
Ek Ladki Ko Dekha Toh Aisa Laga (India)
Elisa & Marcela (Spain)
Everything
Fantastic Woman (Chile)
Female Trouble
Free Fall (Germany)
From Afar (Mexico)
Futuro Beach (Brazil)
Gazon Maudit
G.B.F.
Get Real
Girl

Glen or Glenda
Glue
God's own country
Go Fish
Hamam (Italy)
Handsome Devil
Hannah Gatsby: Nannette
Happy Together (China)
Heartbeats (France)
Heavenly Creatures
Hedwig and the Angry Inch
Hit and Miss (box set)
Hit So Hard
Holding the man
I Am Michael
If These Walls Could Talk
I love you Phillip Morris
In & Out
Intersexions
I, You, He, She (France)
Jeffrey
Jonas
Kiki
Kiki (Spain)
King Cobra
Kinky Boots
Knives and Skin
Laerte-se (Brazil)
Le Fate Ignoranti
Les Invisibles
Let it snow
Lip Service (box sets)
Longtime Companion
Love and human remains
Love, Simon
Love is not perfect (Italy)
Margarita with a straw
Mariposas Verdes (Colombia)
Maurice
Ma Vie en Rose
Melting Away
Milk
Moonlight
Mulholland Drive
My Beautiful Launderette
My Days of mercy
My Own Private Idaho
Mysterious Skin
Nowhere
Orange is the New Black
Orlando
Other People
Out in the Dark
Pain and Glory (Spain)
Paradise Lost (Brazil)
Parting Glances
Personal Best
Peter's Friends
Philadelphia
Portrait of a lady on fire
Prayers for Bobby
Pride
Priest
Priscilla Queen of the Desert
Prom
Queer as Folk (box set)
Querelle
Rent
Salo (Pasolini)
Saturn in Opposition
Saving Face
Sebastiane
Set it off
Set me Free (France)
Shortbus
Sick: The life and death of Bob Flanagan
Someday this pain will be useful to you
Stonewall
Stories from Ferentari (Romania)
Stranger by the lake (France)
Stud life
Suddenly (Argentina)
Super Deluxe (India)
Supermasochist
Tales of the City (box set)
Tangerine
Tatuagem (Brazil)
The Birdcage
The Boys in the Band
The Broken Hearts Club
The Color Purple
The Crying Game

The Danish Girl
The Death and Life of Marsha P. Johnson
The Favourite
The Feels
The Guru
The Half of it
The Handmaiden (South Korea)
The Happy Prince
The Hours
The Imitation Game
The Intervention
The Kids Are Alright
The Killing of Sister George
The Living End
Thelma and Louise
The L Word (box sets)
The Misandrists (Germany)
The Miseducation of Cameron Post
The Naked Civil Servant
The Night Listener
The Normal Heart
The Perfection
The Perks of being a Wallflower
The Runaways
The Servant
The Shiny Shrimps (France)
The Sum of Us
The Talented Mr. Ripley
The Watermelon Woman
The Way He Looks (Brazil)
The Wedding Banquet
Tomboy
Torch Song Trilogy
Totally F***ed Up
To Wong Fu, Thanks for Everything!
TransAmerica
Trembling Before G_D
Tremors (Guatemala)
Trickfilme
Tropical Malady
Uncle David
Victim
Victor and Victoria
Vito
Water lilies
Weekend
Were the World Mine
What Keeps you alive
Wigstock: the movie
Wild Reeds
Wilde
Women
XXY
Your Name Engraved Herein (Taiwan)
Zero Patience

Cinematherapy - TV and Webseries

Check these out on their original streaming sources

NETFLIX

AJ and the Queen	Pose
Alguien tiene que morir (Spain)	Queer Eye
Bonding	Ratched
Dear White People	Riverdale
Degrassi: Next Class	RuPaul Drag Race
Dix pour Cent (French)	Schitt's Creek
Eastsiders	Sense8
Elite (Spain)	Sex Education
El desorden que dejas (Spain)	She-Ra and the Princesses of Power
Everything Sucks!	She's gotta have it
Glee	Special
Glow	Steven Universe
Grace and Frankie	Tales of San Francisco
Grey's Anatomy	The Politician
Gypsy	Tiger King
Hollywood	Tiny Pretty Things
I am not okay with this	Trinkets
La Casa de las Flores (Mexico)	Umbrella Academy
Las chicas del cable (Spain)	Unbreakable Kimmy Schmidt
Modern Family	Valeria (Spain)
One day at a time	What/if
Orange is the new black	You, Me, Her
Please Like Me	

PRIME VIDEO

Alpha House	Danger & Eggs
American Gods	Dawson's Creek
American Gothic	Defiance
American Horror Story	Dragula
Ana (Mexico)	El juego de las llaves (Mexico)
Anyone but me	Empire
Buffy the Vampire Slayer	Fleabag
Carnival Row	Forever
Counterpart	Hanna

Hannibal
Homecoming
Home Fires
Honest Men
Humans
Hunters
I Love Dick
Little Fires Everywhere
Modern Love
Mozart in the jungle
One Mississippi
Orphan Black
Picnic at Hanging Rock

Red Oaks
The 100
The Boys
The Fall
The Fosters
The Good Wife
The L World
Transparent
Ugly Betty
UnReal
Vikings
Wentworth
Will & Grace

HBO

A Black Lady Sketch Show
Adventure Time
Awkwafina is Nora from Queens
Batwoman
Betty
Billions
Camping
Counterpart
Doctor Who
Euphoria
Gentleman Jack
Happy Endings
Harley Quinn
High Maintenance
Insecure
It's a sin
Killing Eve
La Veneno (Spain)

Looking
Mrs. Fletcher
Nancy Drew
Perry Mason
Pretty Little Liars
Pure*
Run
Seven Feet Under
The Deuce
The Handmaid's Tale
The Magicians
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Trigonometry
True Blood
Veep
We Are who we are
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See also the KNOWLEDGE section of www.pinktherapy.com for various topics of useful books for clients and web resources

Wayne Besen's website for Truth Wins Out the campaigning group telling the truth behind Reporative Therapy <http://www.truthwinsout.com/>